



*Not suitable for use on Pesach, Chanukah, Rosh Hashanah, Yom Kippur, Succos, Shavuos, Shemini Atzres, or Simchas Torah.*

Light the candles, cover your eyes, and recite the blessing below.

Then uncover your eyes, gaze briefly at the candles, and  
recite "Y'hi rawtzon l'fawnechaw..." on the next page.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ  
הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,  
וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

Baw-ruch a-taw A-do-noy E-lo-hay-nu me-lech  
haw-o-lawm, a-sher kid'shaw-nu b'mitz'vo-sawv,  
v'tzi-vaw-nu l'had'lik nayr shel Sha-baws.

*Blessed are you, O ETERNAL (A-do-noy), our  
God, King of the universe, Who has sanctified us  
through His commandments, and commanded  
us to kindle the flame of the Sabbath.*

Include the applicable words in [brackets] as appropriate:

יְהִי רָצוֹן לְפָנֶיךָ, יי אֱלֹהֵי וְאֱלֹהֵי אֲבוֹתַי, שְׁתַּחֲוֶנּוּן אוֹתִי  
[ וְאֶת אִישִׁי (- husband), וְאֶת בְּנֵי, וְאֶת בָּנוֹתַי, (- daughters),  
וְאֶת אֲמִי (- mother), וְאֶת כָּל קְרוֹבֵי, וְתַתֵּן  
לָנוּ וּלְכָל יִשְׂרָאֵל חַיִּים טוֹבִים וְאֲרוּכִים, וְתִזְכְּרֵנוּ בְּזִכְרוֹן  
טוֹבָה וּבְרָכָה, וְתִפְקְדֵנוּ בְּפִקְדוֹת יְשׁוּעָה וְרַחֲמִים, וְתִבְרַכְנוּ  
בְּרָכוֹת גְּדוּלוֹת, וְתִשְׁלִים בְּתֵינוּ, וְתִשְׁכַּן שְׂכִינְתְּךָ בֵּינֵינוּ.  
וְזַכְּנֵי לְגִדּוֹל בָּנִים וּבְנֵי בָנִים חֲכָמִים וְנְבוֹנִים, אוֹהֲבֵי יי,  
יְרֵאֵי אֱלֹהִים, אֲנָשֵׁי אֲמֶת, זְרַע קֹדֶשׁ, בְּיַד דְּבָקִים,  
וּמְאִירִים אֶת הָעוֹלָם בַּתּוֹרָה וּבְמַעֲשֵׂים טוֹבִים, וּבְכָל  
מְלָאכֶת עֲבוֹדַת הַבּוֹרָא. אָנָּה שָׁמַע אֶת תְּחִנָּתִי בְּעֵת  
הַזֹּאת, בְּזִכּוֹת שָׂרָה וְרִבְקָה וְרַחֵל וְלֵאָה אֲמוֹתֵינוּ, וְהָאֵר  
נִרְנוּ שְׁלֵא יִכָּבֵה לְעוֹלָם וָעֶד, וְהָאֵר פָּנֶיךָ וְנוֹשְׁעָה. אָמֵן.

May it be your will, O ETERNAL (A-do-noy) my God and God of my ancestors, that You show favor to me [my husband; my sons; my daughters; my father; my mother], and all my relatives; and that You grant us and all Yisraw-eil (Israel) a good and long life; that You remember us with a beneficent memory and blessing; that You consider us with a consideration of salvation and compassion; that You bless us with great blessings; that You make our households complete; that You cause Your Presence to dwell among us.

Privilege me to raise children and grandchildren who are wise and understanding, who love THE ETERNAL and fear God, people of truth, holy offspring, attached to THE ETERNAL, who illuminate the world with Torah and good deeds and with every labor in the service of the Creator. Please hear my entreaty at this time, in the merit of Saw-raw (Sarah), Rivkaw (Rebecca), Raw-cheil (Rachel), and Lei-aw (Leah), our mothers, and cause our light to illuminate that it not be extinguished forever, and let Your countenance shine so that we are saved. Amen.